

Daily Routine Preschools

- 6:30-8:30 _____ Children arrive, free play-open interest areas
- 8:30-9:00 _____ Clean up/ Diapers check/toileting and wash hands
- 9:00-9:20 _____ Morning Breakfast
- 9:20-9:35 _____ Circle time/ rhymes, shapes, colors
- 9:35-10:35 _____ Outdoor play (weather permitting)/Gross motor activities
- 10:35-11:10 _____ Free Play/Diapers/toileting and hand washing,
- 11:10-11:40 _____ Lunch time,
- 11:40-12:00 _____ Hand & face washing and diaper checks
- Settling down for naps, staff rubs backs
- 12:00-2:30 _____ Nap time—(add soft music)
- 2:30-3:00 _____ Art and Craft/ Books
- 3:00-3:30 _____ Snack time (PM) wash hands
- 3:30-4:00 _____ Diaper change, wash hands, faces & fix child's hair and change soiled clothing.
- 4:00 – 5:00 _____ Outdoor play weather permitting/ Free play
- 5:00-5:30 _____ Check diapers, wash hands and face, tidy up the room
- 5:30-5:45 _____ Table top activities
- 6:00pm _____ Day Care Closes

- Potty training is also introduced in this room and success is determined by the child's readiness and parental participation.

